



Keep them home, keep them safe.

Directory of Services for Adults in Carroll County

Revised May 2012

Adult Evaluation & Review Services (AERS)
Carroll County Health Department
290 S. Center Street
Westminster, MD 21157
410.876.4949

www.carrollhealthdepartment.dhmh.md.gov



**Carroll County Health Department
290 South Center Street
Westminster, MD 21157**

Main Telephone Lines:

410-857-5000 410-876-2152 410-875-3390

This Directory has been prepared by the Carroll County Health Department Adult Evaluation and Review Services (AERS) Program as a helpful resource to the citizens of Carroll County. AERS has not endorsed the services listed in this Directory nor does this Directory represent an inclusive list of services available in Carroll County. Please check your local phone directory for additional resources.

Please note: The Directory has been cross-referenced for your convenience, some agencies, contacts, and resources have been listed more than once.

*This Directory may not be reproduced without written consent from:
Carroll County Health Department AERS Program*

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Quick Reference Guide
Carroll County Health Department

Carroll County Health Dept. Toll Free Number	1-800-966-3877
Addictions	410-876-4800
• DWI Assessments	410-876-4410
Environmental Health.....	410-857-5009 410-876-1884
• Food Service Inspections.....	410-876-1884
• Land Development	410-876-4868
• Noise Control	410-876-4864
• Rabies Information	410-876-4864
• Rabies Resource Line (Recorded Message).....	410-857-5012
• Radon (Information Only)	410-876-4874
• Water Quality	410-876-4866
• Well Permits/Inspections	410-876-4866
Nursing Bureau	410-876-4900
• Adult Evaluation & Review Services (AERS)	410-876-4949
• AIDS.....	410-876-4771
• Audiology	410-876-4449
• Breast & Cervical Cancer Screening Program	410-876-4422
• Child Health.....	410-876-4942
• Chronic Disease Prevention Program	410-876-4958
• Colorectal Cancer Screening Program.....	410-876-4443
• Communicable Disease	410-876-4936
• Community Outreach Services-Mental Health	410-876-4400
• Dental Access Program.....	410-876-4928
• Family Planning.....	410-876-4930
• Health Education.....	410-876-4965
• Health Fairs.....	410-876-4965
• Immunizations	410-876-4900
• Infants & Toddler's Program.....	410-876-4437
• Injury Prevention Program.....	410-876-4448
• Kids in Safety Seats (KISS).....	410-876-4448
• Maryland Children's Health Program (MCHP).....	410-876-4905
• Medical Assistance Personal Care Program	410-876-4949
• Nursing Services	410-876-4900
• Nutrition Services	410-876-4981
• Tobacco Prevention & Control	410-876-4429
• WIC Program	410-876-4898
• Worksite Wellness Programs	410-876-4958

Quick Reference Guide
Carroll County Health Department - continued

Partnership for a Healthier Carroll County 410-876-4965

Safe Haven Homeless Shelter..... 410-857-9390

Shoemaker Addictions Rehabilitation Center..... 410-876-1990

Vital Records..... 410-876-4991
410-876-2152
410-857-5000

Quick Reference Guide to the Bureau on Aging

Carroll County Bureau on Aging
125 Stoner Avenue
Westminster, MD 21157
410-386-3800

Assisted Living Program
Carroll County Alzheimer's Support Group
Cell Phones for 911 Only
Legal Assistance
Long Term Care Ombudsman
MAP – Maryland Access Point
Medicaid Home and Community Based Waiver Services
National Family Care Givers Support Program
Nutritional Programs
Public Guardianship Program
Senior Activities Centers [See Recreation Section for Listings]
Senior Care Program
Senior Health Insurance Program
Senior Inclusion Program
Senior Information and Assistance
Seniors Keep in Touch [SKIT]
SMP-Senior Medicare Patrol

Adult Day Programs

Active Day (Randallstown)	410-922-8600
Best Care (Manchester-next to Scheetz)	410-596-5863
Eldersburg ElderCare	410-795-4686
West End Place and Senior Center Plus	410-840-0406
	410-848-2433

Aide Services, Personal Care, & Housekeeping

AAA Warman	301-428-2940 888-243-6602
Almost Home (Unique Services, Inc.)	410-756-1727
Always There Home Care	1-888-486-8618
Amedisys Home Health	410-751-9904
	FAX: 410-751-9914
Carroll County Dept of Social Services	410-386-3300
Carroll County Home Care & Hospice	410-871-8000 888-224-2580 410-876-8044
	FAX: 410-871-7242
Elder's Choice (live in only-not shift care)	443-762-4676
Elizabeth Cooney Agency	410-323-1700
Family & Children's of Central MD (WEP).....	410-840-0406
First Choice.....	410-740-8166
Help at Home	443-275-1524
Helpers to the Homebound (South Carroll area only)	443-920-9113
(associated with Caring Carroll)	410-775-5596
Home Call	410-848-5379
Home Helpers	443-275-1524
Home Instead - Carroll County.....	443-918-3100
Frederick County.....	301-846-9922
Ivory House Health Services (Timonium).....	410-823-3153
Lutheran Home Care Services & Hospice	800-338-4295
Westminster	410-751-2429
Maxim Healthcare Service (Frederick)	301-631-2255 866-466-2982
Medical Asst. Personal Care Program	410-876-4949
Options for Senior America (home health)	800-267-8466
Right At Home.....	410-871-9804
Visiting Angels	410-549-8002 800-365-4189
2 ND Family	443-244-4240

Alzheimer's and Memory Impairment Services

Alzheimer's Help Line (Alzheimer's Assoc.) 24/7 helpline	800-272-3900
Alzheimer's Support Group (local)	410-876-4949
Assessment Clinic at Copper Ridge.....	410-795-8808
Comprehensive Geriatric Services Memory Clinic Towson.....	410-832-2729
Safe Return Medic Alert.....	800-272-3900

Crisis Intervention and Counseling Services

Carroll County State's Attorney's Office	410-386-2345
Catastrophic Health Care Planners (chpl@comcast.net).....	410-871-0751
Hopeline Network (suicidal emergency Intervention)	800-784-2433
MD Crisis Hotline	410-531-6677
.....	1-800-422-0009
MD State Medical Society	410-539-0872
MD Network Against Domestic Violence.....	301-352-4574
Rape Crisis Hotline (24 hours)	410-857-7322
	410-857-0900

Dental Services

Dental Access—CC Health Department	410-876-4928
Dental Discount (Citizen Services).....	410-386-3600
Donated Dental Program (MD Foundation of Dentistry for the Handicapped	410-964-1944
Freedom Center.....	301-846-7811
Johns Hopkins Dental Clinic	410-955-6662
Just Dentures.....	410-296-4665
Kernan's Hospital Dental Clinic.....	410-448-6290
Mission of Mercy/Human Services.....	410-857-2999
Same Day Denture Service.....	410-602-2070
University of MD Dental School	410-706-7101

Developmental Disabilities

ARC of Carroll County	410-848-4124
.....	410-876-0009
CHANGE & CHANGE Voc Services (Moton).....	410-876-2179
Flying Colors of Success.....	410-876-0838
MD TAP (equipment for disabled & handicapped)	800-832-4827
Service Coordination for Carroll Co. (through DDA)	410-876-0028
United Cerebral Palsy	800-872-5827

Dialysis

Carroll County Dialysis Facility..... 410-876-7060

Driver Safety Programs

MD AARP Driver Safety Program (aarpdriversafety.org) 888-350-7025
AARP Drivers Safety Course-Senior Centers
•Mt. Airy 410-795-1017
301-829-2407
•North Carroll 410-386-3900
•South Carroll 410-386-3700
•Westminster 410-386-3850
MVA Medical Advisory Board..... 410-768-7689

Education Opportunities

Carroll Community College Education for Adults 410-386-2550
Carroll Community College 410-386-8340
Carroll County Public Library
Eldersburg..... 410-386-4460
Finksburg 410-386-4505
Mt. Airy 410-386-4470
North Carroll 410-386-4480
Taneytown 410-386-4510
Westminster 410-386-4490
Elderhostel..... 740-725-6341
McDaniel College 410-848-7000

Emergency

Ambulance, Emergency, Fire, Police, Sheriff..... 911
American Red Cross 800-733-2767
City Police
Hampstead..... 410-239-8954
Manchester 410-239-6900
Sykesville 410-795-0757
Taneytown 410-751-1150
Westminster 410-848-4646
MD Poison Control (Univ. of Maryland)..... 800-222-1222
MD State Police (Westminster barracks) 410-386-3000
Sheriff's Department 410-386-2900

Emergency Call - Personal Devices

24/7 Medical Alert	410-828-5564
Life Alarm.....	800-780-5433
Life Fone.....	800-882-2280
Life Line	800-579-3341
Life Response of MD	410-833-1067
Medical Alert	800-448-5697
Response Link	800-894-1428

Employment & Volunteer Resources

Business Employment Resource Center	410-386-2820
Division of Rehab Services-Vocational	410-848-4456
(for persons with disabilities)	
MD Technology Assistance Program	800-832-4827
Senior Employment Program	
MD Dept of Aging.....	800-243-3425

Equipment, Medical (rental & loan)

A&A Medical Supply-durable equipment,	
Medicaid & MA OAW Provider	410-526-9323
Anchor Pharmacy/Mobility Rehab	410-848-8900
Arthritis Foundation Equipment-Subsidy	
Grant, Primary Diagnosis Arthritis.....	800-365-3811
Carroll Drugs-Cranberry Road	410-857-4500
Family Pharmacy-wheelchair rental	410-239-3100
Home Care Delivered, Inc	
(free Diabetic glucometer program).....	800-565-5644
Little Scooter Shoppe.....	410-242-0057
Loan Closets (Lions Club)	
Freedom.....	410-549-5466
Mt. Airy.....	301-829-5466
McDougall's Pharmacy-wheelchair rental	410-795-2662
MD TAP - Equipment for Disabled and Handicapped/MD Equipment Link ..	800-832-4827
Medi - Rents and Sales.....	800-540-7252
Millennium Respiration Services-oxygen	410-840-2247
Mobility Rehab-all types of durable medical equipment, portable ramps	410-833-8755
Oxy-Care - oxygen	410-871-0887
Union Bridge Pharmacy - wheelchair rental	410-775-7272

Financial Resources

American Red Cross	800-787-0091
Carroll County Bureau on Aging	410-386-3800
Carroll County Bureau of Housing and Community Development	410-386-3600
Carroll County Dept of Social Services - new address effective 6/2010 1232 Tech Court Westminster, MD 21158.....	410-386-3300
Catastrophic Health Care Planners.....	410-871-0751
City of Westminster-Office of Housing & Community Development.....	410-848-2261
ESCAPE Ministries	410-549-7230
Get Connected (Age 0-25)	410-871-0008
Human Services Program (Carroll County).....	410-857-2999
Internal Revenue Services	800-829-1040
MD Cooperative Extension Service	410-386-2760
Mt. Airy NET.....	301-829-0472
NESAP [Northeast Social Action Program]	410-239-6216
NESAP Thrift Store	410-374-9099
Salvation Army [Carroll County]	410-876-9358
Shepherd's Staff (rent, gas vouchers, meds).....	410-857-5944
Social Security [Local Offices].....	1-800-772-1213
St. Vincent De Paul Society-St. John's	410-848-8693

Fitness Opportunities

Senior Centers	see page 18
Therafit Gym	410-848-2494
YMCA	410-848-3660
Westminster City Recreation (Longwell Bldg)	410-857-9072

Food Resources

Area Senior Centers

Mt. Airy	410-795-1017 301-829-2407
North Carroll	410-386-3900
South Carroll	410-386-3700
Taneytown	410-386-2700
Westminster	410-386-3850
Food Sunday.....	410-857-7926
Meals on Wheels	410-857-4447
Mom's Meals (private pay)	1-866-971-6667
(all others)	1-866-204-6111
NESAP food pantry	410-239-6216
Saint John's Church	410-848-4744
SHARE - Human Services [Discount Rate Food Package].....	410-857-2999

Food Pantries

Westminster Food Sunday Tues-Thurs 10:00-11:15; 1:00-2:15 Saturday-9:00 a.m.-noon Taneytown-9:30 a.m.-11:20 a.m.-	10 Distillery Drive Westminster
Eldersburg Food Sunday Wednesday only-11:00 a.m.-2:15 p.m.	St. Joseph's Catholic Church Freedom Ave. & Liberty Road Eldersburg
NESAP Tues, Wed & Sat. 9:00 a.m.-3:00 p.m. Thurs. 9 a.m.-8 p.m.; Friday 10 a.m.-2 p.m.	1046 S. Carroll Street Hampstead 21074
Salvation Army Mon-Fri. 9 a.m.-4 p.m. (closed 12 noon-1 p.m.)	300 Hahn Road Westminster
Escape Ministries	Messiah Lutheran Church 5600 Old Washington Road Sykesville
Mt. Airy Net	Calvary United Methodist Church Main Street Mt. Airy
Westminster Rescue Mission Mon-Sat. 8 a.m.-4 p.m.	Lucabaugh Mill Road Westminster
Share: about \$30 of groceries for \$14 plus 2 hrs of community service, registration is held the 1 st Thursday, 1:30-2:30 p.m.	St. John's Catholic Church Monroe Avenue, Westminster

Soup Kitchens

Monday	Loaves and Fishes United Methodist Church 165 E. Main Street, Westminster
Tuesday	Table of Grace Grace Lutheran Church 21 Carroll Street, Westminster 12 noon-1 p.m.
Wednesday	Loaves and Fishes Ascension Church N. Court Street, Westminster 12 noon-12:45 p.m.
Thursday	Carpenter's Table (Taneytown) St. Joseph Roman Catholic Church 44 Frederick St. Taneytown, MD 21787 Thursdays-11:30 a.m.-12:30 p.m.

Thursday (Cont'd)	Loaves & Fishes St. Paul's United Church of Christ Bond & Green Streets, Westminster 12 noon-1 p.m.
Friday	The Shepherd's Staff United Methodist Church 165. E. Main Street, Westminster 12 noon-1 p.m.
	St. Johns United Methodist Church 1205 N. Main Street Hampstead, MD 12 noon-1 p.m.
Saturday	Westminster Church of the Brethren Bond Street & Park Place Westminster, MD 12 noon-1 p.m.

Health Care Information

Access Carroll.....	410-871-1478
Alzheimer's Association	800-443-2273
American Cancer Society.....	888-535-4555
American Diabetes Association of MD	410-265-0075
American Red Cross.....	800-787-0091
Local.....	410-848-4334
Arthritis Foundation	800-365-3811
Carroll Regional Cancer Center	410-871-6400
Carroll County Health Department.....	410-857-5000 410-876-2152
Breast & Cervical Cancer Program	410-876-4423
Colorectal Cancer Screening	410-876-4423
Hypertension Screening (Blood Pressure):.....	Walk-In basis M-F, 8:00 - 11:30 a.m. & 1:00 - 4:30 p.m.
Carroll Hospital Center.....	410-848-3000 410-876-3000
Health Access [Physician Directory] at CHC.....	410-848-2244
Hopkins Neuropsychiatry and Memory Group at Copper Ridge	410-552-3211 410-955-5212
Immediate Care (walk-in treatment Center - Mt. Airy)	301-829-5888
Leukemia/Lymphoma Society-infocenter@lls.org	800-955-4572
Maryland Tobacco Quit Line (Smokeout).....	1-800-784-8669
Mission of Mercy/ Human Services.....	410-857-2999
Urgent Care (walk-in treatment center – Westminster	410-751-7480

Hearing - see "Vision & Hearing"

Hispanic/Ethnic Programs

Carroll Community College Language Skills	410-386-8100
ESOL/GED -Adult Education	410-386-2551
United Hands of Carroll County (Elana Hartley).....	410-751-9001

Home Health Services

Amedisys Home Health Care.....	410-751-9904
Carroll Home Care & Hospice.....	410-871-8000
Home Call-www.homecallinc.com.....	410-848-5379
Lutheran Home Care Services-www.lutheranhomecare.org.....	410-751-2429
PT Connection	410-751-6858
Rehab on Wheels	301-252-5380
2 nd Family-2ndfam.com.....	443-244-4240
Visiting Nurses Association.....	410-594-2644 888-523-5000

Home Repair

Access Remodeling-independent living strategist (Potomac, MD).....	301-983-0131
Carroll County Bureau of Housing & Community Development	
[low interest home repair loans]	410-386-3600
Carroll County Christian Work Camp	410-795-3880 410-781-6464
DORS [Department of Rehab Services].....	410-848-4456 1-866-819-2034
Hammer Ministry (South Carroll only)	443-920-9113

Housing Options & Information

Bureau of Aging – assisted living information	410-386-3800
Carroll County Bur. of Housing & Community Development.....	410-386-3600
City of Westminster Bureau of Housing and Community Development	410-848-2261
Freedom Center [Transition Program] from Nursing Home to Community...	301-846-7811
Home Builders Association	410-265-7400
Locust House	410-876-7600
Residential Specialist for Mental Health Consumers – Core Service Agency	410-876-4440
Ridgely House.....	410-239-2236
Spencer Village.....	410-795-1840
Sunnybrook Senior Apartments	877-375-0140
The Residence (Hampstead School)	410-374-8144
Timber Ridge & Ridge Residences	410-876-2550
Tremont Place.....	410-876-5622
Village House.....	410-970-6270
West End Place Apartments	410-848-2433
Westminster Ridge-jmcfarland@bvsl.net.....	410-871-2225
Westminster Rescue Mission [Men Only].....	410-848-2222

Income Tax Assistance & Forms

AARP	888-687-2277
Carroll County Public Libraries-call local Branch [See p. 7, 'Education Opportunities' for phone numbers]	
Human Services Program	410-857-2999
McDaniel College	410-848-7000
Senior Centers (see page 18 for phone numbers)	

Insurance – Health & Insurance Programs

Catastrophic Health Care Planners.....	410-861-8969
.....	410-871-0751
Health Insurance Counseling Program - CCBOA	410-386-3800
Living at Home: MD Community Choices Waiver Program.....	410-767-7479
MA Waiver for Older Adults (Registry)	866-417-3480
Medicaid Waiver for Older Adults-BOA.....	410-386-3800
Medical Assistance Card	410-386-3300
Medicare	800-633-4227
PAC Program.....	800-226-2142
.....	Spanish line 800-226-2192
Social Security	800-772-1213

Legal Services

District Court	410-871-3500
Family Law Hotline.....	800-845-8550
Lawyer Referral Services (Baltimore City/County)	410-539-3112
Legal Aid Bureau	800-679-8813
Legal Services [Bureau of Aging].....	410-386-3800
MD Senior Legal Hotline	800-896-4213
MD Volunteer Lawyer Service.....	800-510-0050
.....	410-547-6537
Mediation Services - call Carroll Community College	410-848-1764
CC Public Defender	410-871-3636
Sixty Plus Legal Program.....	410-951-7760
.....	800-999-8904, Ext. 7760
State's Attorney's Office.....	410-386-2671
The Law and Mediation Center – Robin Weisse	410-875-2588
Fax.....	410-875-2851

Mental Health & Counseling Services (see page 20-22 for quick reference)

ADAPT (Eldersburg Mental Health-Dr. DelaCruz)	410-549-6282
Addictions:	
Junction, Inc.....	410-848-6100
Mountain Manor	410-876-2425
Carroll County Health Dept	410-876-4800
Alcoholics Anonymous	410-663-1922

Carroll Hospital Center Partial Hospitalization Program.....	410-871-6964
Carroll County CORE Services Agency	410-876-4440
Get Connected.....	410-871-0008
Granite House.....	410-751-5970
Keystone [Intensive Care Management]	410-875-4694
Fax.....	410-875-4699
MD Health Partners	800-888-1965
National Alliance for the Mentally Ill	800-950-6264
On Our Own Support Center.....	410-751-6600
Overeaters Anonymous	301-748-9362
Pastoral Counseling Services of MD-info@pcsm.org	410-433-8861
.....	800-427-4027
Pro Bono Counseling	410-825-1001 877-323-5800
Progressive Counseling	410-848-7848
Prologue [Residential Rehab Services].....	410-549-3508
Rape Crisis Counseling – 24 hours/day	410-653-6190
Office.....	410-857-0900
Re-Entry Mental Health Services	410-876-6149
.....	410-848-9244
Youth Services Bureau Mobile Treatment	410-876-2500, Ext. 48

Miscellaneous Assistance & Information

Bureau of Aging-Information & Assistance	410-386-3800
Caring Carroll (Faith in Action; Neighbors Helping Neighbors (Contact Maggie Kunz.....)	410-775-5596
Carroll County Emergency Operations Center-ccgovernment.carr	410-386-2260 888-543-8362
Carroll County Public Library (Westminster)	410-386-4490
DO NOT CALL List (Telemarketers)	888-382-1222
MD Cooperative Extension Service	410-386-2760
Poison Control	800-222-1222
Seniors Keep in Touch [SKIT] Safety Calls.....	410-386-3800
Telephone Directory Assistance	411
Time	410-844-1212
TriState Moving Solutions (helps downsizing).....	1-717-359-9099
United Way	800-492-0618
United Way of Carroll County (Community Partnership).....	410-840-2837
Voter Registration [Board of Elections]	410-386-2080
Weather	410-936-1212

Newspapers

Baltimore Sun	800-829-8000 410-332-6000
Carroll County Times	410-848-4400

Nursing Homes

Brinton Woods-Winfield	410-795-2737
Carroll Lutheran Village-Westminster	410-876-8113
Copper Ridge-Sykesville	410-795-8808
Fairhaven-Sykesville	410-795-8800
Golden Living Center	410-848-0700
Long View-Manchester	410-239-7139
Lorien of Mt. Airy	301-829-6050
Lorien of Taneytown	410-756-5884
Pleasant View-Mt. Airy	301-829-0800
Transitions Health Care of Sykesville	410-795-1100

Nutrition*

Carroll County Health Department-Nutritionist	410-876-4981
Carroll Hospital Center.....	410-848-3000
Also see: "Food Resources"	

Ombudsman

Bureau of Aging-represents/advocates for nursing home/assisted living residents Point of contact: Dan Bolton	410-386-3817
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Pharmacies & Medication Assistance

Carroll Drugs-Cranberry Road	410-857-4500
	410-876-0082
Department of Veteran's Affairs-Benefits	877-222-8387
MD AIDS Drug Assistance Program	800-205-6308
MD Pharmacy Assistance Program (MPAP) Medicare Part D and under 65	800-226-2142
Medbank (under 65 – Towson)	877-435-7755, x116
Medicine Shoppe	410-848-7426
NACP Nat. Prescription Discount Card Contact local pharmacy.....	877-321-2652
Needy Meds.....	978-865-4115
NESAP {Northeast Social Action Program}).....	410-239-6216
Salvation Army.....	410-876-9358
Shepherd's Staff	410-857-5944
St. Vincent De Paul Society	410-848-8693

Recreation

Carroll County Parks & Recreation	410-386-2103
Carroll County Senior Centers Mt. Airy	410-795-1017
	301-829-2407
North Carroll.....	410-386-3900

Recreation (Cont'd)

South Carroll	410-386-3700
Taneytown	410-386-2700
Westminster	410-386-3850
YMCA	410-848-3660

*Also contact local churches for senior clubs

Respite Care*

Alzheimer's Association (Timonium)	800-272-3900
Care Giver's Support Program.....	410-386-3800
Family & Children's Services	410-876-1233
	410-840-0406
Senior Care Program-Bureau on Aging	410-386-3800
Sitter Service-Bureau on Aging.....	410-386-3800

*check listings under "Aide Services"

Support Groups*

Alcoholics Anonymous	410-663-1922
	800-296-9289
ALS Association [Lou Gehrig's]-MD Chapter	866-348-3257
Alzheimer's Family Support Group-(CCHD).....	410-876-4949
American Cancer Society	888-535-4555
American Diabetes Association	410-265-0075
Arthritis Foundation, MD Chapter.....	800-365-3811
Breast Cancer Support Group for Couples	410-848-2244
Caregiver's Support Group (Carroll Hospital Center).....	410-871-7000
Carroll Hospice	410-871-8000
Hospice Support Groups (bereavement)	410-871-7231
*for additional support groups-Alzheimer's Association of Baltimore & Central MD	800-443-2273

Transportation

Ambulance-Emergency Only	911
American Cancer Society (patient resource center within Carroll Co.).....	888-227-6333
Blue Blazes	410-871-2583
Butler Transportation	410-602-4007
	888-602-4007
Carroll Transit System	410-876-7433
Central Maryland Ambulance.....	410-840-0360
Medicaid Non-Emergency Medical Transportation	410-876-4762
	410-876-4813
Rills Bus Line	410-876-7530
Rohrbaugh's Bus Line.....	410-374-9200
Transcare-Medical Transportation	800-498-0116

Veteran's Information

Information for MD www.VA.gov	800-827-1000
Medical Centers:	
Baltimore	410-605-7000
Perry Point	410-642-2411
Veteran's Affairs-Benefits Package	877-222-8387
Veteran's Benefits Outreach Program (Jennifer Carnegie)	410-356-9230
Veteran's Hospitals:	
Charlotte Hall (veteran's home)	800-522-8387
Fort Howard	410-477-1800
Martinsburg [West Virginia]	304-263-0811
	800-817-3807

Vision & Hearing

American Hearing Aid Centers (reconditioned hearing aids)	410-751-9900
Audiology Unit-Carroll County Health Dept.....	410-876-4449
Blind Industries	410-737-2600
Hoover Services for Low Vision/Blindness (DORS)	800-801-4297
Interpreters for the Deaf	410-857-2518
Leader Dogs for the Blind (website: www.leaddog.org)	888-777-5332
Library Services for the Blind and Physically Handicapped	800-964-9209
MD Accessible Telecommunications Program.....	800-552-7724
MD Division of Vocational Rehab.....	410-848-4456
MD Society for Sight	410-243-2020
National Federation of the Blind.....	410-659-9314

Vital Records

Birth & Death Certificates - Carroll County Health Department Forms & Information	410-876-2152
Dept. of Health and Mental Hygiene – MD Division of Vital Records	877-463-3464

Volunteer Opportunities

American Cancer Society.....	888-535-4555
Carroll County Bureau on Aging	410-386-3800
Carroll Hospice	410-871-8000
Carroll Hospital Center.....	410-848-3000
Food Sunday.....	410-857-7926
Meals on Wheels	410-857-4447
Human Services Program-SHARE	410-857-2999

Quick Reference for Carroll County Mental Health Services

AGENCY	CRITERIA	GENERAL INFORMATION	FEE
American Assoc. for Geriatric Psychiatry and the Geriatric Mental Health Foundation Geriatric Psychiatrist Locator 301-654-7850 Ext. 100 Also, Maryland Psychiatric Society 410-652-0232 www.mdpsych.org	No special criteria. Serves all ages.	Contact the "301" phone number and you are referred to several geriatric psychiatrists in your area. Provides information and referrals to licensed psychiatrists practicing in MD.	Depends on the psychiatrist.
Judith Berk, LCSW-C Psychotherapist 9199 Reisterstown Road Suite 204-B Owings Mills, MD 21117 410-446-4158 JBERKMDLCSW@MSN.COM	No special criteria	Provides outpatient therapy and assessment in office and home visits for disabled/elderly.	Private insurance. Medicare Medicaid
Carroll County Health Dept. – Core Service Agency 290 W. Center Street Westminster, MD 410-876-4440 Sandy Woodburn-Office Secretary Amy Baker-Adult Coordinator Dawn Brown-Child/Adolescent Coordinator	Primarily serve Medicaid. Private insurance-referred to resources	State designated agency responsible for planning, managing, and monitoring publicly funded mental health services.	No fees
Carroll County Youth Services Bureau 59 Kate Wagner Road Westminster, MD 21157 410-848-2500 – Call for an appointment	Children and adults; family members in need of services	Comprehensive mental health services for children, adults and family. Outpatient services-mobile treatment social work and psychiatrists-all licensed therapists	Medicaid, Medicare, private insurance, fees for service

AGENCY	CRITERIA	GENERAL INFORMATION	Fee
Carroll Hospital Center Memorial Avenue Westminster, MD 410-848-3000 or 410-871-6971	Psych emergencies-take patient to the ER	Age 13 and up-most patients are admitted through ER room.	Will not accept Medicaid as primary payer.
Carroll Mental Health Care 6190 Georgetown Blvd. Eldersburg, MD 410-550-9004 Private psychiatrist-Dr. Ruelos	Adults up to age 55 with mental illness.	Primary focus on child and adolescents; will see adults who have no substance abuse issues.	Accepts Medicaid-only for non-substance cases-patients with mental illness accepted up to age 55; accepts Medicare and private insurance.
Catoctin Counseling Center 63 E. Main Street Suite 100 Westminster, MD 21157 410-848-9091	All areas-family, alcohol abuse, individual counseling	All areas-family, alcohol abuse, individual counseling.	Private insurance Medical Assistance
Family & Children's Services 22 N. Court Street Westminster, MD Contact intake worker 410-876-1233	Counseling program. General, rape crisis, addictions	Adults in need of service meet with a licensed counselor or licensed social worker. If psych services are needed, the counselor/social worker refers them to the in-house psychiatrist.	Accepts Medicare, Medicaid and private insurance.
Finksburg Counseling Service 1812 Balto. Blvd., Ste. A Westminster, MD 21157 By appointment only 410-751-6176	Individual, couples, family. Bariatric evals. Art & Play therapy. Gay & Lesbian issues	Multi-disciplinary group practice offering comprehensive evaluations. All age groups (age 3-seniors). Handicapped accessible.	Most insurances accepted.
Granite House (Mosaic Community Services of Westminster) 288 E. Green Street Westminster, MD 21157 Call for an appointment 410-751-5970	Adults, psych services, counseling.	Psych services-mental health clinic, residential program, psych day program and crisis residential program at Sheppard Pratt	Medicaid Medicare PAC

AGENCY	CRITERIA	GENERAL INFORMATION	Fee
Keystone 255 Clifton Blvd., Ste 309 Westminster, MD 21157 Call for an appointment 410-875-4694	Major persistent mental illness.	Adults and children counseling-no psychiatrists; social workers and LCPC's (counselors).	Medicaid Uninsured
North Carroll Counseling Center 1011 S. Main Street Hampstead, MD 21074 Call for an appointment 410-552-9007	Families, individual, & group work for anger management and alcohol abuse	Social workers and counselors available.	Private insurance only.
Pastoral Counseling Services 5407 N. Charles Street Baltimore, MD Non-profit. Call Baltimore number for referral to Carroll County services-presently Barbara Slick at Westminster United Meth. Church; 410-433-8861	No specific criteria. Serves all ages.	Individual and couples; families.	Fee on sliding scale or insurance
ProBono Counseling 877-323-5800 Open 10:00 a.m.-1:00 p.m. Monday-Friday	No specific criteria. Serves all ages.	Mental health referral services. Links uninsured low income families and individuals to mental health professionals.	No cost.
Re-entry 40 S. Church Street Westminster, MD Call for services/to schedule appointment	Provide therapy for general public for loneliness, depression, anxiety, stress, alcohol and drug abuse. Individual, group and family counseling	Individual-18 and up psychotherapy and group therapy	Accepts Medicare, major insurance plans, HMO's.

Websites

AARP	www.aarp.org
Access America for Seniors	www.seniors.gov
Administration on Aging	www.aoa.gov
Alzheimer's Assoc	www.alz.org
Amer. Assoc. of Homes and Services for the Aging	aahsa.org
American Assoc. for Geriatric Psychiatry	aagponline.org
American Assoc. of Nurse Executives	aanex.org
American College of Health Care Administrators	achca.org
American Federation for Aging Research	afar.org
American Geriatrics Society (AGS)	www.americangeriatrics.org
American Health Care Assoc. (AHCA)	www.ahcancal.org
American Society on Aging (ASA)	asaging.org
Association for Gerontology in Higher Educ.	aghe.org
Benefits Checkup	benefitscheckup.org
Carroll County Health Department	www.carrollhealthdepartment.dhmh.md.gov
Care for Elders	careforelders.org
Care Scout (info site for seniors)	www.carescout.com
Caregiver Stress	caregiverstress.com
Caregiver website	www.caregiver.org
Caregiving Info website	www.caringinfo.org
Caring Connections	caringinfo.org
Center to Advance Palliative Care	capcmssm.org
Centers for Medicare & Medicaid Services	www.cms.hhs.gov/
Community Partnerships for Older Adults	positiveaging.org/aboutus.html
Elder Law Answers	Elderanswers.com
Families USA	familiesusa.org
Gerontological Society of America	geron.org
Inter-faith Care Partners	interfaithcarepartners.org/
International Council on Active Aging (ICAA)	www.icaa.cc
Medicare	cms.gov
Medicare Rights Center	medicarerights.org
Mental Health Association of Greater Houston	mhahouston.org
My Final Decisions	myfinaldecisions.com
National Academy of Elder Law Attorneys	www.naela.com
National Alliance for Caregiving	Caregiving.org

Websites - continued

National Assoc. of Area Agencies on Aging	n4a.org
National Assoc. of Nutrition and Aging Service Programs (NANASP)	nanasp.org
National Care Planning Council	longtermcarelink.net
National Care Planning Council (Long Term Care)	www.longtermcarelink.net/a2cfindattorney.htm
Nat. Clearinghouse on Direct Care Workforce	directcareclearinghouse.org
Nat. Commission for Quality Long-Term Care	www.qualitylongtermcarecommission.org/
Nat. Committee to Preserve Social Security & Medicare	www.ncpssm.org
National Council on Aging (NCOA)	www.ncoa.org
National Elder Law Foundation	http://www.nelf.org/
National Elder Life Professionals Network	www.nelpn.com/memberjoin.htm
National Family Caregivers Assoc.	nfcacares.org
National Hispanic Council on Aging	incacorp.com/nhcoa
National Hospice & Palliative Care Org.	nhpc.org
National Indian Council on Aging	nicoa.org
National Senior Citizens Law Center	nsclc.org
Needy Meds	www.needymeds.org
Older Women's League	owl-national.org
Resource Centers for Minority Aging Research	rcmar.ucla.edu
United Seniors Health Cooperative	ushc-online.org
YMCA Centers	YMCA.org

Senior Citizen Home Safety Guidelines*

Please check  your home for the following safety recommendations and correct any problems

Check your home for the following:

- ✓ Emergency telephone numbers are posted on or near the telephone, and you have access to a telephone if you fall
- ✓ Emergency exit plan exists, and an alternate plan exists in case of fire
- ✓ Smoke detectors are properly located and functioning
- ✓ Small stoves and space heaters are placed where they cannot be knocked over and are not near furnishings, curtains or rugs
- ✓ Lamp, extension and telephone cords are out of traffic flow, are not under furniture or rugs/carpeting, are not attached with nails or staples and not frayed or cracked
- ✓ Passageways, hallways and exits are well lit and are kept clear

Kitchen area:

- ✓ Towels, curtains and other things that might catch fire are not near oven/range
- ✓ Ventilation and range exhaust systems work properly
- ✓ Extension/appliance cords are not near sink or range
- ✓ Good, even lighting exists in stove, sink and counter top work areas
- ✓ A good, stable step stool is available

Bedrooms:

- ✓ Lamp/light switches are within reach of the bed
- ✓ Ash trays, smoking materials and other fire sources are located away from the bed
- ✓ Nothing is covering the electric blanket when in use
- ✓ The electric blanket is not "tucked in"
- ✓ A telephone is close to the bed

Stairs:

- ✓ Light switches are located at both the top and bottom of the stairs and the stairs are well lit
- ✓ The steps allow secure footing and the coverings on the steps are in good condition
- ✓ The steps are even and the same height
- ✓ You can clearly see the edge of the steps
- ✓ Nothing is stored on the stairway, even temporarily

Bathroom/Shower

- ✓ Bathtubs/showers have non-slip mats, abrasive strips or surfaces that are not slippery
- ✓ Bathtubs/showers have at least one grab bar
- ✓ A light switch is located near the entrance
- ✓ Small electrical appliances such as hair dryers and shavers are unplugged when not in use

Basement/Garage:

- ✓ A light switch is located near the entrance and the work areas are well lit

*Information is provided by the U.S. Consumer Product Safety Commission

Emergency Preparedness Contact Information

PERSONAL INFORMATION

Name: _____
Address: _____

Phone: _____
Cell Phone: _____
Birth Date: _____

LOCAL CONTACT

Name: _____
Relationship: _____
Address: _____

Phone: _____
Cell Phone: _____

OUT-OF-STATE CONTACT

Name: _____
Relationship: _____
Address: _____

Phone: _____
Cell Phone: _____

1ST RELATIVE CONTACT

Name: _____
Relationship: _____
Address: _____

Phone: _____
Cell Phone: _____

2ND RELATIVE CONTACT

Name: _____
Relationship: _____
Address: _____

Phone: _____
Cell Phone: _____

PETS CARED FOR BY:

Name: _____
Address: _____

Phone: _____
Cell Phone: _____

MEETING PLACES

Outside your home: _____

Outside your neighborhood: _____

SHELTERING-IN PLACE

Meeting Place – Inside your home: _____

ADDITIONAL MEDICAL/PHYSICAL INFORMATION NOT RECORDED ON MEDICAL INFORMATION LIST:

American Red Cross
Medical Information

Please complete this form and distribute copies to your emergency contact people.

Name:	Date of Birth:	
Address:		
Primary physician:	Telephone number:	
Hospital affiliation:	Type of health insurance:	Policy number:
Blood type:	Allergies and sensitivities:	Religious Affiliation:
Medications and dosages being taken (include over the counter medications): 		
*record additional medications-record on Emergency Preparedness Contact Information form		
Specific medical conditions:		
Physical limitations:		
Adaptive equipment and vendors' phone numbers:		
Communication difficulties:		
Cognitive difficulties:		
Immunizations Received and Dates:		
Tetanus Vaccine:	Pneumococcal Vaccine:	
Influenza Vaccine:	Other:	



Carroll County Maryland
Registration for Residents with Special Needs

* New Registration

Updated Registration Date Form Completed: _____

PERSONAL INFORMATION

*Name of Individual with Disability:

Last	First	Middle
------	-------	--------

*Street

Address: _____

Street _____ Apt #/P.O. Box _____

City _____ Zip _____

*Primary Phone Number: _____

Secondary Phone Number: _____

Email: _____

Date of Birth: _____

*Sex: M F

*Language Spoken: _____ Height: _____ Weight: _____

Residence Type: House/Duplex Mobile Home/Trailer Apartment/Condo

Name of Mobile Home/Manufactured Home Park or Apartment Building: _____

Living Situation: Living Alone With Family With Non-Relative
 Homeless Transient

CARE REQUIREMENTS/DISABILITY (check all that apply):

Medical Dependence on Electricity

O2 Concentrator, Nebulizer

Feeding Pump

Suction

Other: _____

Mental Impairment

Alzheimer's/Dementia

Respirator Dependent

Bedridden

Speech Impairment

Emphysema

Heart Disease

Stroke

Cancer

Morbid Obesity

Visual Impairment

Assistance with Administration of Medications

Hearing Impairment

Service Animal

Incontinence

Dialysis Dependent

Allergies: _____

Wheelchair User

Walker/Cane User

Cognitive Impairment

Anxiety/Depression

Chemical Dependent

Other: _____

Medications: _____

*Required Fields

REQUIRED ASSISTANCE

Will your personal assistant be accompanying you? Yes No

Assistant's Name: _____ Phone Number: _____

*Is transportation needed? Yes No

*Type: Automobile Van with wheelchair lift Ambulance

PET INFORMATION (if applicable, indicate how many)

___ Cat ___ Dog ___ Service Dog ___ Other: _____

EMERGENCY CONTACT INFORMATION

*Primary Contact: _____ *Phone: _____ Relation: _____

Secondary Contact: _____ Phone: _____ Relation: _____

Physician: _____ Phone: _____

Home Health Care Agency: _____ Phone: _____

Oxygen Provider: _____ Phone: _____

AGREEMENT

I understand that completion of this form is merely to assist with an emergency response and in no way guarantees an emergency response or special priority during an emergency or disaster. I understand in the event of an emergency or disaster, if I need assistance, Carroll County Emergency Management will prioritize use of pertinent County resources in accordance with County policy. Therefore, I give Carroll County Emergency Management authorization to share this information with other local support agencies in the event of an emergency or disaster. I also grant emergency response personnel permission to enter my home during search and rescue operations following a disaster, if necessary, to assure my safety and welfare.

If at any time a change is made to the above information, please send an updated form to the Office of Public Safety Support Services.

*Type/Print Name: _____

Person Completing Form (Care Taker): _____

ASSISTANCE

If you need assistance or have any questions regarding the registration please feel free to contact Christina Calp at 410-386-2296.

If Mailing Send To:

Office of Public Safety Support Services
225 North Center Street
Westminster, MD 21157

*Required Fields

Notes:
